

# Fortifeye® Zinc Free Macular Defense



Fortifeye Vitamins has developed a zinc free antioxidant eye vitamin for macular degeneration patients in response to new science recently published. The latest studies state that a percentage of the population with specific genotypes that have macular degeneration may actually be harmed by taking zinc yet some may benefit from taking zinc and antioxidants. The only way to know whether zinc is good or bad for you is to have a genetic DNA test for macular degeneration done. This is a simple, in office, DNA test to determine what particular type of genes an AMD patient has and will allow eye care providers to customize their nutritional regiment to each patient. Experts agree that no more than 40mg of zinc should be taken daily.

View Study “CFH and ARMS2 Genetic Polymorphisms Predict Response to Antioxidants and Zinc in Patients with Age-related Macular Degeneration” at: <http://www.ncbi.nlm.nih.gov/pubmed/23972322>

These vitamins should be taken in three divided dosages with food to maximize the absorption Fortifeye Zinc Free Macular Defense can be taken alone or with Fortifeye Super Omega-3 or Fortifeye Focus. Fortifeye Vitamin formulas have helped many patients to maintain their independence and in certain cases regain their independence through better vision and/or better health Fortifeye Zinc Free Macular Defense gives hope through nutrition.



## Fortifeye® Zinc Free Macular Defense

### Supplement Facts

Serving Size: 3 Tablets  
Servings Per Container: 30

	Amount Per Serving	% Daily Value
<b>Vitamin C</b> (as ascorbic acid)	500 mg	833%
<b>Vitamin D</b> (as cholecalciferol)	2,250 IU	563%
<b>Vitamin E</b> (as d-alpha-tocopheryl succinate, mixed tocopherols: d-alpha-, beta-, gamma-, delta- tocopherols and tocotrienols: d-gamma-, alpha-, delta- tocotrienols)	45 IU	150%
<b>Thiamin</b> (as thiamin mononitrate)	10 mg	667%
<b>Riboflavin</b>	8 mg	471%
<b>Niacin</b> (as niacinamide)	24 mg	120%
<b>Vitamin B<sub>6</sub></b> (as pyridoxine HCl)	18 mg	900%
<b>Folate</b> (as calcium folinate)	300 mcg	75%
<b>Vitamin B<sub>12</sub></b> (as cyanocobalamin)	375 mcg	6,250%
<b>Biotin</b>	500 mcg	167%
<b>Pantothenic acid</b> (as D-calcium pantothenate)	50 mg	500%
<b>Calcium</b> (as dicalcium phosphate and calcium citrate)	120 mg	12%
<b>Phosphorus</b> (as dicalcium phosphate)	67.5 mg	7%
<b>Magnesium</b> (as magnesium oxide and magnesium citrate)	49.5 mg	12%
<b>Selenium</b> (as selenomethionine)	100 mcg	143%
<b>Manganese</b> (as manganese gluconate)	2 mg	100%
<b>Chromium</b> (as chromium dinicotinate glycinate)	150 mcg	125%
<b>Coenzyme Q10</b>	60 mg	*
<b>Alpha-Lipoic acid</b>	199.5 mg	*
<b>Boron</b> (as boron chelate)	199.5 mcg	*
<b>Bromelain</b>	19.5 mg	*
<b>Acetyl-L-carnitine HCl</b>	90 mg	*
<b>Hesperidin complex</b>	9 mg	*
<b>N-Acetylcysteine</b>	150 mg	*
<b>Quercetin dihydrate</b>	19.5 mg	*
<b>Taurine</b>	225 mg	*
<b>Turmeric root extract</b> (95% curcuminoids)	30 mg	*
<b>Vanadium</b> (as vanadium amino acid chelate)	9 mcg	*
<b>Lycopene</b>	3 mg	*
<b>Lutein**</b> (from marigold flower extract)	20 mg	*
<b>Zeaxanthin isomers**</b> (from marigold flower extract)	4.5 mg	*
<b>Tocotrienols</b>	15 mg	*
<b>Resveratrol</b>	40 mg	*
<b>Bio Active High ORAC Antioxidant Blend:</b> Green tea leaf extract, lycium berry 5:1 extract, kale/spinach/blueberry complex, bilberry fruit extract, grape seed extract, acai (Euterpe oleracea) fruit extract, cocoa extract, pomegranate fruit extract, cinnamon bark extract	760 mg	*

\* Daily value not established

Other ingredients: Microcrystalline cellulose, coating (Hypromellose, titanium dioxide, glycerin, riboflavin (color), natural orange flavor, vanillin, stevia leaf extract), croscarmellose sodium, vegetable stearic acid, vegetable magnesium stearate and silica. Contains soy.